

Breakfast
CCMS
Café
October 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	9/30/2019	10/1/2019	10/2/2019	10/3/2019	10/4/2019
	WG Pop Tarts WG Donuts WG Cereal	Breakfast Pizza	Biscuit & Gravy	French Toast Sticks	Sausage Egg Biscuit
WEEK 2	10/7/2019	10/8/2019	10/9/2019	10/10/2019	10/11/2019
	Pillsbury Mini Cinnis	WG Donuts	Biscuit & Gravy	Pancakes & Syrup	Cereal Choice
WEEK 3	10/14/2019	10/15/2019	10/16/2019	10/17/2019	10/18/2019
	FALL	BREAK	NO	SCHOOL	FALL BREAK
WEEK 4	10/21/2019	10/22/2019	10/23/2019	10/24/2019	10/25/2019
	WG Pop Tarts	Bacon & WG Toast	Biscuit & Gravy	French Toast Stix	Sausage Egg Biscuit
WEEK 1	10/28/2019	10/29/2019	10/31/2019	10/31/2019	11/1/2019
	WG Pop Tarts	Breakfast Pizza	Biscuit & Gravy	French Toast Stix	Sausage Egg Biscuit

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Available Daily:
Cereal or Cereal Bar
Pop Tart, Yogurt
Fruit, Juice & Milk
Cheese Stick

Lunch
CCMS
Café
October 2019

	Monday 9/30/2019	Tuesday 10/1/2019	Wednesday 10/2/2019	Thursday 10/3/2019	Friday 10/4/2019
WEEK 1	Chicken Patty Sandwich Sweet Potato Fries	Chicken Wrap Rotini Breakstick	Chicken Chunks Mashed Potatoes Green Beans Rolls	Chicken Wrap Cheese Pizza or Pepperoni Pizza	Corn Dog Turkey Mini Pulled Pork BBQ Baked Beans Mac & Cheese
WEEK 2	10/7/209 Penne Pasta w/sauce Fresh Broccoli Cheese Stuffed Breakstick	10/8/2019 Fajita Wrap Tortilla Chips	10/9/2019 Salisbury Steak Grilled Chicken Patty Mashed Potatoes & Gravy Green Beans Rolls	10/10/2019 Chicken Wrap Cheese Pizza Fiestada	10/11/2019 Chicken Tenders Tater Tots Doritos
WEEK 3	10/14/2019 FALL	10/15/2019 BREAK	10/16/2019 NO	10/17/2019 SCHOOL	10/18/2019 FALL BREAK
WEEK 4	10/21/2019 Hoagie w/pizza sauce Sweet Potato Fries	10/22/2019 Taco Tuesday Beef or Chicken Diced Peaches	10/23/2019 Chicken Chunks Mashed Potatoes Green Beans Rolls	10/24/2019 Chicken Wrap Cheese Pizza Buffalo Chix Pizza	10/25/2019 Teriyaki or Orange Stir Fry Fried Rice WG fortune Cookie
WEEK 1	10/28/2019 Chicken Patty Sandwich Sweet Potato Fries	10/29/2019 Chicken Wrap Rotini Breakstick	10/31/2019 Chicken Chunks Mashed Potatoes Green Beans Rolls	10/31/2019 Chicken Wrap Cheese/pepperoni Pizza	11/1/2019 Corn Dog Turkey Mini Pulled Pork BBQ Baked Beans Mac & Cheese

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Available Daily:

Milk
Juice
Assorted Fruits
Assorted Veggies

Grilled Cheese
Deli Sandwich
Lunchable
Soy Jammer