

Wellness/Physical Activity Report Information 17-18

1. Provide a digital copy of your 17-18 Wellness Policy if it is different from the district policy.
2. Provide the name of your wellness leader/contact for your school.

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3. List any wellness/physical activities conducted by your school in the 2017-18 school year. (Provide examples and number and type of participants e.g. students, parents, community)

Fuel Up to Play 60 – 340 students

Girls Running Club – 15 girls 3rd/4th/5th grades, teachers, parents

Go Noodle – 340 students and staff

Walk-a-thon - 340 students, staff, parents, volunteers

Healthy Choice Club 20 K/1st/2nd

Food Club 3rd/4th/5th

Marathon Club

4. Did your school meet the number of minutes of physical activity as required? Yes / No

5. How many minutes are your students provided for: Lunch 25
 Breakfast 25

6. Is your school compliant with the state and national competitive foods regulations concerning nutrition content, appropriate timing of food sales and fundraisers involving food sales? Yes/No

7. What nutrition education opportunities did your school provide in 17-18?

Produce Man assembly and activities

Professional development for staff

After School Clubs

Nutrition curriculum units of study

8. Has your school conducted any assessment of your 17-18 Wellness/Physical activity environment? If so, please include a copy of the assessment.

HECAT Fundamentals for students in grades 3-5

9. Please provide any special information that you would like to have highlighted in the assessment report for the Board of Education about the Wellness/Physical Activities in your school.