

**GFS Light Roast Blend Ground Coffee, Filter Pack, 1.5 Oz Bag, 60/Case**



Item Number: 398350

With a mix of choice quality Arabica and Robusta beans, this regular blend coffee provides the right balance of flavor and comes in a convenient filter pack.

- Premeasured individual packs save time and labor
- Packages are dated and gas-flushed to ensure freshness

Case (60/1.5 Ounce Bag)

\$0.59/Each **\$35.14**

[Print](#)

**Nutrition**

Based On:

Rounding:

**Ingredients**

Coffee. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. The nutrition information provided here reflects the current information provided to GFS by the USDA National Nutrient Database for Standard Reference as of February 2017. For more information please visit: [www.nal.usda.gov/fnic/foodcomp/search/](http://www.nal.usda.gov/fnic/foodcomp/search/) This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

**Nutrition Facts**

Serving Size 6 floz (177.6g)	
Amount Per Serving	
<b>Calories 0</b>	Calories From Fat 0.3
	% Daily Value *
<b>Fat 0g</b>	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat 0g	n/a
MonoUnsat Fat 0g	n/a
<b>Cholesterol 0mg</b>	n/a
<b>Sodium 0mg</b>	n/a
<b>Potassium 85mg</b>	2%
<b>Carbohydrates 0g</b>	n/a
Fiber 0g	n/a
Sugar 0g	
<b>Protein 0g</b>	n/a
Vitamin A IU 0%    Vitamin B6 0%    Vitamin B12 0%    Vitamin C 0%	
Vitamin E mg 0%    Vitamin K 0%    Calcium 0%    Iron 0%	
Phosphorous 1%    Magnesium 1%    Zinc 0%    Copper 0%	
Selenium 0%    Manganese 0%    Thiamin 2%    Riboflavin 8%	
Niacin B3 2%    Pantothenic Acid 5%    Folic Acid 0%	
* Based on a 2000 calorie diet	
<b>Calories Per Gram:</b>	
Fat: 9    Carbohydrates: 4    Protein: 4	

**School Equivalents:**

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

**Water Soluble Vitamins:**

Thiamin	0.025 mg
Riboflavin	0.135 mg
Niacin B3	0.339 mg
Pantothenic Acid	0.451 mg
Folic Acid	0 mcg
Vitamin B6	0.002 mg
Vitamin B12	0 mcg
Vitamin C	0 mg

**Updated For New Final Rule:**

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

**Fat Soluble Vitamins:**

Vitamin D IU	n/a
Vitamin E mg	0 mg
Vitamin K	0.178 mcg
Vitamin A IU	0 IU

**Minerals:**

Phosphorous	5.3 mg
Zinc	0 mg
Magnesium	5.328 mg
Copper	0.004 mg
Selenium	0 mg
Calcium	3.55 mg
Iron	0.02 mg
Manganese	0.041 mg
Iodine	n/a

## Nestle Hot Cocoa Mix, No Sugar Added, Single-Serve, 30 Ct Package, 6/Case

Item Number: 668571 **K**

This hot cocoa mix is made without sugar for a low-fat, chocolaty taste.

- Single-serve packages offer portion control and serving convenience



Case (6/30 Count Package)

\$0.28/Each **\$50.37**

[Print](#)

## Nutrition

Based On:

Rounding:

### Ingredients

For ingredient or allergen information, please contact: Nestle Professional, phone: 800-288-8682. Please reference manufacturer number: 12240821. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated March 2016. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

### Nutrition Facts

Serving Size 1 Pkg (20g)	
Amount Per Serving	
<b>Calories</b> 20	
	% Daily Value *
<b>Fat</b> 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
<b>Cholesterol</b> 0mg	n/a
<b>Sodium</b> 120mg	5%
<b>Potassium</b>	n/a
<b>Carbohydrates</b> 5g	2%
Fiber 0g	n/a
Sugar 4g	
<b>Protein</b> 1g	2%
Vitamin A IU 0%    Vitamin C 0%    Calcium 35%    Iron 4%	
* Based on a 2000 calorie diet	
<b>Calories Per Gram:</b>	
Fat: 9    Carbohydrates: 4    Protein: 4	

**School Equivalents:**

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

**Water Soluble Vitamins:**

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

**Updated For New Final Rule:**

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

**Fat Soluble Vitamins:**



Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

**Minerals:**

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	350 mg
Iron	0.72 mg
Manganese	n/a
Iodine	n/a

**GFS Orange Pekoe & Pekoe-Cut  
Black Iced Tea, 1 Oz Each, 96/Case**



Item Number: 695734    

This quality blend of orange pekoe and pekoe-cut black tea creates a full-bodied, flavorful iced tea, designed for use in a tea brewer or micro-brew system.

Case (96/1 Ounce Each)

\$0.18/Each **\$17.09**

[Print](#)

## Nutrition

Based On:

Rounding:

### Ingredients

Orange pekoe and pekoe cut black tea. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated March 2017. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

### Nutrition Facts

Serving Size 1 each (28g)	
Amount Per Serving	
<b>Calories 0</b>	
	% Daily Value *
<b>Fat 0g</b>	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
<b>Cholesterol 0mg</b>	n/a
<b>Sodium 0mg</b>	n/a
<b>Potassium</b>	n/a
<b>Carbohydrates 0g</b>	n/a
Fiber 0g	n/a
Sugar 0g	
<b>Protein 0g</b>	n/a
Vitamin A IU 0%    Vitamin C 0%    Calcium 0%    Iron 0%	
* Based on a 2000 calorie diet	
<b>Calories Per Gram:</b>	
Fat: 9    Carbohydrates: 4    Protein: 4	

**School Equivalents:**

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

**Water Soluble Vitamins:**

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

**Updated For New Final Rule:**

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

**Fat Soluble Vitamins:**

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

**Minerals:**

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

**GFS Powdered Low-Calorie  
Lemonade Drink Mix, Shelf-Stable,  
8.6 Oz Package, 12/Case**



Item Number: 596050   

These quality fruit lemonade drink packets are low in calories and made with Splenda. They can be used in slushy machines and other drink mix dispensers.

- Provides 100 percent of the Recommended Daily Allowance of vitamin C per 8-ounce serving

Case (12/8.6 Ounce Package)

\$0.23/oz **\$23.43**

[Print](#)

## Nutrition

Based On:

Rounding:

### Ingredients

Dextrose, Citric Acid, Natural Flavor, Sodium Citrate, Ascorbic Acid (Vitamin C), Acesulfame Potassium, Sucralose, maltodextrin, Gum Arabic, Titanium Dioxide, Yellow 5. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated November 2015. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

### Nutrition Facts

Serving Size 8 floz (226.8g)	
Amount Per Serving	
<b>Calories 25</b>	
	% Daily Value *
<b>Fat 0g</b>	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
<b>Cholesterol 0mg</b>	n/a
<b>Sodium 20mg</b>	1%
<b>Potassium</b>	n/a
<b>Carbohydrates 7g</b>	2%
Fiber 0g	n/a
Sugar 7g	
<b>Protein 0g</b>	n/a
Vitamin A IU 0%    Vitamin C 100%    Calcium 0%    Iron 0%	
* Based on a 2000 calorie diet	
<b>Calories Per Gram:</b>	
Fat: 9    Carbohydrates: 4    Protein: 4	

**School Equivalents:**

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

**Water Soluble Vitamins:**

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	60 mg

**Updated For New Final Rule:**

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

**Fat Soluble Vitamins:**

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

**Minerals:**

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a



**1% LOWFAT MILK**

INGREDIENTS: GRADE A LOWFAT MILK, VITAMIN A PALMITATE AND VITAMIN D3.

CONTAINS: MILK

<b>Nutrition Facts</b>			
Serving Size 1 cup (240mL)			
<b>Amount Per Serving</b>			
<b>Calories</b> 100	Calories from Fat 20		
<b>% Daily Value*</b>			
<b>Total Fat</b> 2.5g	<b>4%</b>		
Saturated Fat 1.5g	<b>8%</b>		
Trans Fat 0g			
<b>Cholesterol</b> 15mg	<b>5%</b>		
<b>Sodium</b> 120mg	<b>5%</b>		
<b>Total Carbohydrate</b> 11g	<b>4%</b>		
Dietary Fiber 0g	<b>0%</b>		
Sugars 11g			
<b>Protein</b> 8g	<b>16%</b>		
Vitamin A 10%	• Vitamin C 2%		
Calcium 30%	• Vitamin D 25%		
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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**SUGAR FREE**

## Blackberry

**Monin Sugar Free Syrups** offer superior taste and flavor authenticity with no sugar or calories - perfect for calorie-conscious and diabetic lifestyles.

**Lo-Cal Blackberry Tea:** Fill a 16 oz. glass with ice. Add 3/4 oz. **Monin Sugar Free Blackberry Syrup** and 7 oz. fresh brewed tea. Stir or shake to mix and garnish with a lemon wedge. *Approx. calories: 2.*

**Skinny Berry Mojito:** Muddle 1 oz. **Monin Sugar Free Blackberry Syrup**, 3 lime wedges, 3 blackberries and 8 mint leaves. Add ice and 1 1/4 oz. light rum. Shake vigorously and pour into a 16 oz. glass. Fill with club soda, stir gently and garnish with a mint sprig. *Approx. calories: 107.*

Log on to [www.monin.com](http://www.monin.com) for hundreds of great recipes.

### Nutrition Facts

Serving Size 1 fl oz (30ml)  
Servings per Container 33

Amount per Serving

**Calories 0**    **Calories from Fat 0**

% Daily Value\*

**Total Fat 0g**                      **0%**

Saturated Fat 0g                      **0%**

Trans Fat 0g

**Sodium 0mg**                      **0%**

**Total Carbohydrate 3g**            **1%**

Sugars 0g

**Protein 0g**

\*Percent Daily Values are based on a 2000 calorie diet.

• Gluten Free

• Vegan

• GMO Free

### BLACKBERRY

**INGREDIENTS:** WATER, ERYTHRITOL\*, NATURAL AND ARTIFICIAL FLAVORS, CONCENTRATED LEMON JUICE, CELLULOSE GUM, SUCRALOSE, POTASSIUM SORBATE (PRESERVATIVE).

\*ERYTHRITOL IS A NATURAL SUGAR SUBSTITUTE DERIVED FROM PLANT SOURCES



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Best Before: See Neck of Bottle 

Rev. 3/16



## Monin Sugar-Free Caramel Beverage Syrup, Plastic, 1 Ltr, 4/Case

Item Number: 608962  

These sugar-free caramel-flavored syrups can be blended with dairy ingredients such as milk, cream, and half and half.



Case (4/1 Liter Bottle)

\$0.22/fl oz \$29.71

[Print](#)

## Nutrition

Based On:

Rounding:

### Ingredients

Water, Erythritol, Natural and Artificial Caramel Flavor, Cellulose Gum, Sucralose, Citric Acid, Potassium Sorbate (Preservative). COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated September 2017. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

### Nutrition Facts

Serving Size 1 floz (31.18g)	
Amount Per Serving	
<b>Calories 0</b>	
	% Daily Value *
<b>Fat 0g</b>	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
<b>Cholesterol 0mg</b>	n/a
<b>Sodium 0mg</b>	n/a
<b>Potassium</b>	n/a
<b>Carbohydrates 4g</b>	1%
Fiber 0g	n/a
Sugar 0g	
<b>Protein 0g</b>	n/a
Vitamin A IU 0%    Vitamin C 0%    Calcium 0%    Iron 0%	
* Based on a 2000 calorie diet	
<b>Calories Per Gram:</b>	
Fat: 9    Carbohydrates: 4    Protein: 4	

**School Equivalents:**

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

**Water Soluble Vitamins:**

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

**Updated For New Final Rule:**

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

**Fat Soluble Vitamins:**

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

**Minerals:**

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

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**SUGAR FREE**

## Chocolate

**Monin Sugar Free Syrups** offer superior taste and flavor authenticity with no sugar or calories - perfect for calorie-conscious and diabetic lifestyles.

**Iced Skinny Choco-Latte:** Fill a 16 oz. glass with ice. Add 1 oz. **Monin Sugar Free Chocolate Syrup**, 5 oz. 2% milk and 2 shots espresso. Stir well or transfer from serving glass to other glass until mixed. Garnish with 2 tbsp. sugar free whipped cream. *Approx. calories: 87.*

**Slim Chocolate Cream Soda:** Fill a 16 oz. glass with ice. Add 1 oz. **Monin Sugar Free Chocolate Syrup**, 5 oz. club soda and 1 1/2 oz. fat free half & half. Stir gently and top with 2 tbsp. sugar free whipped cream. Dust with cocoa powder. *Approx. calories: 40.*

Log on to [www.monin.com](http://www.monin.com) for hundreds of great recipes.

### Nutrition Facts

Serving Size 1 fl oz (30ml)  
Servings per Container 25

Amount per Serving

**Calories 0**    **Calories from Fat 0**

% Daily Value\*

**Total Fat 0g**                      **0%**

Saturated Fat 0g                      **0%**

Trans Fat 0g

**Sodium 0mg**                      **0%**

**Total Carbohydrate 3g**              **1%**

Sugars 0g

**Protein 0g**

\*Percent Daily Values are based on a  
2000 calorie diet.

- Gluten Free
- Vegan
- GMO Free




### CHOCOLATE

**INGREDIENTS:** WATER, ERYTHRITOL\*, NATURAL AND ARTIFICIAL FLAVORS, CELLULOSE GUM, SUCRALOSE, CITRIC ACID, POTASSIUM SORBATE (PRESERVATIVE).

\*ERYTHRITOL IS A NATURAL SUGAR SUBSTITUTE DERIVED FROM PLANT SOURCES

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Best Before: See Neck of Bottle 

Rev. 1/16





*Le Flavour de* **MONIN**

**CONCENTRATE**

## *True Brewed Espresso*

Made with cold brewed espresso, **Monin True Brewed Espresso Iced Coffee Base** is the easy, convenient way to add enticing espresso-based beverages to your menu.

**Iced Latte:** Fill a 16 oz. glass with ice. Add 1 oz. **Monin True Brewed Espresso Iced Coffee Base**, 3/4 oz. **Monin Syrup** (e.g. Crème Caramel, French Vanilla, Roasted Hazelnut or Pure Cane) and 5 oz. milk. Stir or shake to mix and garnish with whipped cream.

**Frozen Mocha:** Blend 1 oz. **Monin True Brewed Espresso Iced Coffee Base**, 1 oz. **Monin Sauce** (Dark Chocolate, Sugar Free Dark Chocolate or White Chocolate), 4 oz. liquid vanilla ice cream and 2 cups ice. Pour into serving glass. Top with whipped cream and a drizzle of **Monin Sauce**.

Log on to [www.monin.com](http://www.monin.com) for hundreds of great recipes.

### **Nutrition Facts**

Serving Size 1 fl oz (30ml)

Servings per Container 33

Amount per Serving

**Calories** 10    Calories from Fat 0

% Daily Value\*

**Total Fat** 0g                      0%

Saturated Fat 0g                0%

Trans Fat 0g

**Sodium** 0mg                    0%

**Total Carbohydrate** 1g       0%

Fiber 1g                         4%

Sugars 0g

**Protein** 0g

\*Percent Daily Values are based on a 2000 calorie diet.

- Natural Flavors
- Gluten Free
- Vegan
- GMO Free



### **TRUE BREWED ESPRESSO**

**INGREDIENTS:** COLD BREWED ESPRESSO, WATER, NATURAL COFFEE EXTRACT, NATURAL FLAVOR, POTASSIUM SORBATE (PRESERVATIVE), CAFFEINE.

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Best Before: See Neck of Bottle 

Rev. 9/16

Please Recycle



## Monin Sugar Free French Vanilla Beverage Syrup, Plastic, 1 Ltr, 4/Case



### Item Number: 210474

Derived from real Madagascar vanilla beans and designed especially for iced and frozen lattes and coffees, Monin Sugar Free French Vanilla Syrup offers the perfect amount of smooth sweetness to make it a perennial favorite. Monin Sugar Free French Vanilla Syrup is a versatile ingredient in specialty coffee beverages, skinny cocktails, kids drinks and more.

- Versatile menu applications
- For use in coffee shops, ice cream shops, or restaurants with coffee service
- Sugar-free product

Case (4/1 Liter Package)

\$0.23/fl oz **\$30.51**

[Print](#)

## Nutrition

Based On:  Rounding:

### Ingredients

For ingredient or allergen information, please contact: Monin, phone: 855-352-8671. Manufacturer number: M-FS190F. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated September 2017. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

### Nutrition Facts

Serving Size 1 oz (28.35g)			
Amount Per Serving			
<b>Calories 0</b>			
	% Daily Value *		
<b>Fat 0g</b>	n/a		
Saturated Fat 0g	n/a		
Trans Fat 0g			
PolyUnsat. Fat	n/a		
MonoUnsat Fat	n/a		
<b>Cholesterol 0mg</b>	n/a		
<b>Sodium 0mg</b>	n/a		
<b>Potassium</b>	n/a		
<b>Carbohydrates 4g</b>	1%		
Fiber 0g	n/a		
Sugar 0g			
<b>Protein 0g</b>	n/a		
Vitamin A IU 0%	Vitamin C 0%	Calcium 0%	Iron 0%
* Based on a 2000 calorie diet			
<b>Calories Per Gram:</b>			
Fat: 9    Carbohydrates: 4    Protein: 4			

**School Equivalents:**

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

**Water Soluble Vitamins:**

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

**Updated For New Final Rule:**

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

**Fat Soluble Vitamins:**

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

**Minerals:**

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a



**Monin Sugar-Free Peach Beverage Syrup, Plastic, 1 Ltr, 4/Case**

Item Number: 872200  



Case (4/1 Liter Bottle)

\$0.20/fl oz **\$26.71**

[Print](#)

**Nutrition**

Based On:  Rounding:

**Ingredients**

Water, Erythritol, Natural and Artificial Flavors, Citric Acid, Cellulose Gum, Sucralose, Potassium Sorbate (Preservative), FD&C Yellow #5, FD&C Red #40. COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated October 2017. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

**Nutrition Facts**

Serving Size 1 oz (28g)	
Amount Per Serving	
<b>Calories</b> 10	
	% Daily Value *
<b>Fat</b> 0g	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
<b>Cholesterol</b> 0mg	n/a
<b>Sodium</b> 0mg	n/a
<b>Potassium</b>	n/a
<b>Carbohydrates</b> 3g	1%
Fiber 0g	n/a
Sugar 0g	
<b>Protein</b> 0g	n/a
Vitamin A IU 0%    Vitamin C 0%    Calcium 0%    Iron 0%	
* Based on a 2000 calorie diet	
<b>Calories Per Gram:</b>	
Fat: 9    Carbohydrates: 4    Protein: 4	

**School Equivalents:**

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

**Water Soluble Vitamins:**

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

**Updated For New Final Rule:**

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

**Fat Soluble Vitamins:**

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

**Minerals:**

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

# Nutrition Facts

Serving Size 2 Tbsp (30mL/1 fl oz)

Servings Per Container 25

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## Amount Per Serving

**Calories** 0      Calories from Fat 0

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**% Daily Value\***

**Total Fat** 0g      **0%**

**Sodium** 5mg      **0%**

**Total Carbohydrate** 0g      **0%**

Sugars 0g

**Protein** 0g

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\*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Purified water, natural flavors, acesulfame potassium, citric acid, sodium benzoate (to preserve freshness), potassium sorbate (to preserve freshness), sucralose (SPLENDA® Brand), ester gum.

# Le Sirop de **MONIN**<sup>®</sup>

**SUGAR FREE**

## Pomegranate

Monin Sugar Free Syrups offer superior taste and flavor authenticity with no sugar or calories - perfect for calorie-conscious and diabetic lifestyles.

**Skinny Pomegranate Cosmo:** Shake 3/4 oz. **Monin** Sugar Free Pomegranate Syrup, 1 1/4 oz. premium vodka, 1/4 oz. triple sec, 1/2 oz. fresh lime juice, 1 1/2 oz. cranberry juice and ice. Strain into a chilled martini glass and garnish with a lime twist. *Approx. calories: 148.*

**Lean Pomegranate Limeade:** Fill a 16 oz. glass with ice. Squeeze the juice of one lime into glass. Add 1 1/2 oz. **Monin** Sugar Free Pomegranate Syrup and 6 oz. club soda. Stir gently and garnish with a lime wedge. *Approx. calories: 8.*

Log on to [www.monin.com](http://www.monin.com) for hundreds of great recipes.

### Nutrition Facts

Serving Size 1 fl oz (30ml)  
Servings per Container 33

Amount per Serving

Calories 0    Calories from Fat 0

% Daily Value\*

Total Fat 0g    0%

Saturated Fat 0g    0%

Trans Fat 0g

Sodium 0mg    0%

Total Carbohydrate 3g    1%

Sugars 0g

Protein 0g

\*Percent Daily Values are based on a 2000 calorie diet.

- Natural Flavors
- Gluten Free
- Vegan
- GMO Free



### POMEGRANATE

INGREDIENTS: WATER, ERYTHRITOL\*, NATURAL FLAVORS, CITRIC ACID, POTASSIUM CITRATE, CELLULOSE GUM, SUCRALOSE, POTASSIUM SORBATE (PRESERVATIVE).

\*ERYTHRITOL IS A NATURAL SUGAR SUBSTITUTE DERIVED FROM PLANT SOURCES

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## Monin Sugar-Free Raspberry Beverage Syrup, Plastic, 1 Ltr, 4/Case

Item Number: 872210  

These sugar-free, raspberry flavored syrups offer a bold, intensely concentrated flavor which is both sweet and tart.



Case (4/1 Liter Bottle)

\$0.22/fl oz \$29.71

[Print](#)

## Nutrition

Based On:  Rounding:

### Ingredients

Water, Erythritol, Natural and Artificial Raspberry Flavors, Cellulose Gum, Sucralose, Potassium Sorbate (Preservative). COMMON ALLERGENS PRESENT: None. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated October 2017. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

### Nutrition Facts

Serving Size 1 floz (30g)	
Amount Per Serving	
<b>Calories 0</b>	
	% Daily Value *
<b>Fat 0g</b>	n/a
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
<b>Cholesterol</b>	n/a
<b>Sodium 0mg</b>	n/a
<b>Potassium</b>	n/a
<b>Carbohydrates 2g</b>	1%
Fiber	n/a
Sugar 0g	
<b>Protein 0g</b>	n/a
Vitamin C n/a    Calcium n/a	
* Based on a 2000 calorie diet	
<b>Calories Per Gram:</b>	
Fat: 9    Carbohydrates: 4    Protein: 4	

**School Equivalents:**

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

**Water Soluble Vitamins:**

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	

**Updated For New Final Rule:**

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

**Fat Soluble Vitamins:**

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	

**Minerals:**

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	
Iron	
Manganese	n/a
Iodine	n/a



Le Sirop de **MONIN**<sup>®</sup>

**SUGAR FREE**

## Strawberry

Monin Sugar Free Syrups offer superior taste and flavor authenticity with no sugar or calories - perfect for calorie-conscious and diabetic lifestyles.

**Skinny Strawberry Soda:** Fill a 16 oz. glass with ice. Add 3/4 oz. **Monin** Sugar Free Strawberry Syrup and 7 oz. club soda. Stir gently and garnish with a strawberry. *Approx. calories: 6.*

**Fit Berry Mocha:** Combine 1/2 oz. **Monin** Sugar Free Strawberry Syrup, 1/2 oz. **Monin** Sugar Free Dark Chocolate Sauce and 2 shots espresso in a 16 oz. cup. Steam 6 oz. skim milk in pitcher. Pour steamed milk into serving cup and stir gently. Top with 2 tbsp. sugar free whipped cream. *Approx. calories: 117.*

Log on to [www.monin.com](http://www.monin.com) for hundreds of great recipes.

### Nutrition Facts

Serving Size 1 fl oz (30ml)  
Servings per Container 25

Amount per Serving

**Calories 0**    **Calories from Fat 0**

% Daily Value\*

**Total Fat 0g**                      **0%**

Saturated Fat 0g                    **0%**

Trans Fat 0g

**Sodium 0mg**                        **0%**

**Total Carbohydrate 3g**        **1%**

Sugars 0g

**Protein 0g**

\*Percent Daily Values are based on a  
2000 calorie diet.

- Gluten Free
- Vegan
- GMO Free



### STRAWBERRY

**INGREDIENTS:** WATER, ERYTHRITOL\*, NATURAL AND ARTIFICIAL FLAVORS, CELLULOSE GUM, SUCRALOSE, POTASSIUM SORBATE (PRESERVATIVE), FD&C RED #40.

\*ERYTHRITOL IS A NATURAL SUGAR SUBSTITUTE DERIVED FROM PLANT SOURCES

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# Le Sirop de **MONIN**<sup>®</sup>

**SUGAR FREE**

## Sweetener

Monin Sugar Free Syrups offer superior taste and flavor authenticity with no sugar or calories - perfect for calorie-conscious and diabetic lifestyles. With just 1 pump equaling one packet, you can easily sweeten coffee, teas and lemonades, cocktails and more.

**Trim Sweet Tea:** Fill a 16 oz. glass with ice. Add 3/4 oz. **Monin** Sugar Free Sweetener and 7 oz. fresh brewed tea. Stir or shake to mix and garnish with a lime wedge.

*Approx. calories: 2.*

**Skinny Key Lime Margarita:** Shake 3/4 oz. **Monin** Sugar Free Sweetener, 1/2 oz.

**Monin** Sugar Free Triple Sec Syrup, 1 1/2 oz. silver tequila, 1 1/2 oz. concentrated key lime juice, 2 oz. water and ice. Strain into a chilled martini glass and garnish with a lime wheel. *Approx. calories: 108.*

Log on to [www.monin.com](http://www.monin.com) for hundreds of great recipes.

### Nutrition Facts

Serving Size 1/4 fl oz (7.5ml)  
Servings per Container 135

Amount per Serving

**Calories** 0    **Calories from Fat** 0

% Daily Value\*

**Total Fat** 0g                      **0%**

Saturated Fat 0g                      **0%**

Trans Fat 0g

**Sodium** 0mg                      **0%**

**Total Carbohydrate** 1g                      **0%**

Sugars 0g

**Protein** 0g

\*Percent Daily Values are based on a  
2000 calorie diet.

• Gluten Free

• Vegan

• GMO Free



### SWEETENER

**INGREDIENTS:** WATER, ERYTHRITOL\*, CELLULOSE GUM, SUCRALOSE, CITRIC ACID, POTASSIUM SORBATE (PRESERVATIVE).

\*ERYTHRITOL IS A NATURAL SUGAR SUBSTITUTE DERIVED FROM PLANT SOURCES.

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