

Grant's Lick Wellness/Physical Activity Report Information 18-19

1. Provide a digital copy of your 18-19 Wellness Policy if it is different from the district policy.

2. Provide the name of your wellness leader/contact for your school.

Laura Russel

3. List any wellness/physical activities conducted by your school in the 2018-19 school year. (Provide examples and number and type of participants e.g. students, parents, community)

Girls running club-15 girls 3rd/4th/5th grades, teachers, parents

Go Noodle- 340 Students and staff

Walk A Thon- 340 students, staff, parents, volunteers

Healthy Choice Club 20 K/1st/2nd

Food Club 3rd/4th/5th

4. Did your school meet the number of minutes of physical activity as required? **Yes** / No

5. How many minutes are your students provided for: Lunch 25
Breakfast 25

6. Is your school compliant with the state and national competitive foods regulations concerning nutrition content, appropriate timing of food sales and fundraisers involving food sales? **Yes**/No

7. What nutrition education opportunities did your school provide in 18-19?

Produce man assembly and activities

Professional development for staff

After School clubs

8. Did your school conduct any assessments of your 18-19 Wellness/Physical activity environment? If so, please include a copy of the assessment.

9. Please provide any special information that you would like to have highlighted in the assessment report for the Board of Education about the Wellness/Physical Activities in your school for the 18-19 school year.