

Wellness/Physical Activity Report Information 18-19

1. Provide a digital copy of your 18-19 Wellness Policy if it is different from the district policy.

2. Provide the name of your wellness leader/contact for your school. Anthony Mazzei

3. List any wellness/physical activities conducted by your school in the 2018-19 school year. (Provide examples and number and type of participants e.g. students, parents, community)

Walk-a-thon - entire school, April 2019

4. Did your school meet the number of minutes of physical activity as required? Yes No

5. How many minutes are your students provided for:

Lunch 25 mins
Breakfast as needed, up to
30 mins

6. Is your school compliant with the state and national competitive foods regulations concerning nutrition content, appropriate timing of food sales and fundraisers involving food sales? Yes No

7. What nutrition education opportunities did your school provide in 18-19?

Nutrition education is provided through the phys-ed based health curriculum and cafeteria programming.

8. Did your school conduct any assessments of your 18-19 Wellness/Physical activity environment? If so, please include a copy of the assessment.

no

9. Please provide any special information that you would like to have highlighted in the assessment report for the Board of Education about the Wellness/Physical Activities in your school for the 18-19 school year.