

# CCMS Update

10/01/2020

## Welcome back, Camels!

We have had a great start with our return to hybrid instruction and are absolutely thrilled to have your children back in our building!

I want to extend my thanks to all our students, parents, teachers, cafeteria staff, bus drivers, custodians and support staff for the effort put forth to make our return such a success!

Next week, we will send home a few forms for you to fill out and return to your student's homeroom teacher.

One thing that we discovered this week was a glitch in our voicemail system. Any messages left for me since August 14<sup>th</sup> were misdelivered and are unrecoverable. If you left a voicemail for me during that time, please know that I was not disregarding it, it simply was not delivered. If you still need assistance, please email me at [matt.moore@campbell.kyschools.us](mailto:matt.moore@campbell.kyschools.us) or call us back on Monday at (859) 635-6077.

Thank you again for all your hard work and we loved seeing your kids again!

Sincerely,

Matt Moore

Principal



Dear Parent / Guardian,

During this challenging year, CCMS school counselors are working to teach students about mental health and how to seek help if they are worried about themselves or a friend. We are using a program called SOS: *Signs of Suicide*. The program teaches students about this difficult topic and encourages them to seek help.

SOS has been used by thousands of schools over the past few decades. Studies have shown that it effectively teaches students about depression and suicide while reducing the number of students' self-reported suicide attempts.

Through the program, students learn:

- that depression is treatable, so they are encouraged to seek help
- how to identify depression and potential suicide risk in themselves or a friend
- to ACT (Acknowledge, Care and Tell a trusted adult) if concerned about themselves or a friend who they can turn to at school for help, if they need it

Students will watch age-appropriate video clips and participate in a guided discussion about depression, suicide, and what to do if they are concerned about a friend. Following the video, students will complete a response slip which asks whether they would like to talk to an adult about any concerns. CCMS school counselors will conduct brief meetings with any student asking to talk.

We encourage you to visit [www.sosignsofsuicide.org/parent](http://www.sosignsofsuicide.org/parent) for information on warning signs for youth suicide, useful resources, and some of the key messages students will learn. You will also find information related to the program on our CCMS school counseling website.

If you prefer **not** to have your student participate in the SOS program, please email his/her school counselor listed below by Friday, October 9th.

Clarissa Desmond (last names A-C), [clarissa.desmond@campbell.kyschools.us](mailto:clarissa.desmond@campbell.kyschools.us)

Maricia Berry (last names D-G), [marcia.berry@campbell.kyschools.us](mailto:marcia.berry@campbell.kyschools.us)

Maggie Ochsner (last names H-L), [maggie.ochsner@campbell.kyschools.us](mailto:maggie.ochsner@campbell.kyschools.us)

Emily Park (last names M-R), [amy.canup@campbell.kyschools.us](mailto:amy.canup@campbell.kyschools.us)

Kelly Crowley (last names S-Z), [kelly.crowley@campbell.kyschools.us](mailto:kelly.crowley@campbell.kyschools.us)

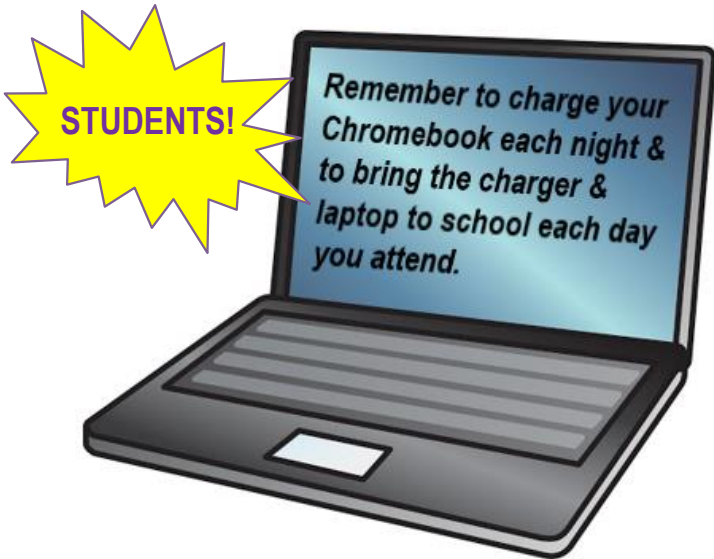
Sincerely,  
CCMS Counseling Team

## NEWS YOU CAN USE:



### COMMUNICATION

To send in absence notes or communicate with the office staff, use [CCMSOffice@campbell.kyschools.us](mailto:CCMSOffice@campbell.kyschools.us)

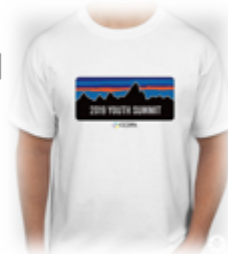


### Online Registration



Don't forget to complete your Online Registration (annual update of your family's contact information). Click the mouse above to get started!

CCMS School-Wide Youth Summit Oct 26-30. Virtual guest speakers, survey and prize drawings! Students who complete the entire week will receive a t-shirt:





Safe Schools &



**RED  
RIBBON  
WEEK**

Oct. 26-30

**School  
Smiles**

On-site Dental

Oct 20 & 22. Be  
on the lookout  
for forms coming  
home with your  
student.

**CC Public Library BOOK CARE PACKAGES:** Bring the library home by requesting a Book Care Package! The service is available for at-home story times, and for students of all ages and reading levels.

CCPL will pull up to 10 books and audio materials for an at-home story time, to assist with a homework/research topic or anything in between. The Book Care Package will be sent to the branch of your choice. For more information, click the link on the storybook below:

CCMS thanks

**Walmart**

for the generous donation of  
school supplies to our Youth  
Service Center.



**Thank You!**



## Campbell County Middle School

Matt Moore, Principal, [matt.moore@campbell.kyschools.us](mailto:matt.moore@campbell.kyschools.us)

Eric Blankenship, Assistant Principal, 7<sup>th</sup> grade, [eric.blankenship@campbell.kyschools.us](mailto:eric.blankenship@campbell.kyschools.us)

Emily Hamilton, Assistant Principal, 6<sup>th</sup> grade, [emily.hamilton@campbell.kyschools.us](mailto:emily.hamilton@campbell.kyschools.us)

Travis Arnold, Assistant Principal, 8<sup>th</sup> grade, [travis.arnold@campbell.kyschools.us](mailto:travis.arnold@campbell.kyschools.us)

Tonya Slone, Family Resource & Youth Service Center Coordinator, [tonya.slone@campbell.kyschools.us](mailto:tonya.slone@campbell.kyschools.us)